

## A Jesus Moment

### Developing a Disciple's Heart Primer

Month: \_\_\_\_\_ Date: \_\_\_\_\_ Year: \_\_\_\_\_

**Get Focused** - What's going on today? (write down your thoughts, ideas, concerns)....

**Hebrews 10:19-25 (NIV)** <sup>19</sup> Therefore, brothers, since we have confidence to enter the Most Holy Place by the blood of Jesus, <sup>20</sup> by a new and living way opened for us through the curtain, that is, his body, <sup>21</sup> and since we have a great priest over the house of God, <sup>22</sup> let us draw near to God with a sincere heart in full assurance of faith, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water. <sup>23</sup> Let us hold unswervingly to the hope we profess, for he who promised is faithful. <sup>24</sup> And let us consider how we may spur one another on toward love and good deeds. <sup>25</sup> Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another--and all the more as you see the Day approaching.

**Get Thankful** - List at least five things you are thankful for (share these at [encourage2.com](http://encourage2.com))....

**Philippians 4:4-8 (NIV)** <sup>4</sup> Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup> Let your gentleness be evident to all. The Lord is near. <sup>6</sup> Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. <sup>8</sup> Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable--if anything is excellent or praiseworthy--think about such things.

**Get Connected** - Pray and journal your prayer focus, requests, impressions, etc....

**Matthew 6:9-13 (NIV)** <sup>9</sup> "This, then, is how you should pray: "'Our Father in heaven, hallowed be your name, <sup>10</sup> your kingdom come, your will be done on earth as it is in heaven. <sup>11</sup> Give us today our daily bread. <sup>12</sup> Forgive us our debts, as we also have forgiven our debtors. <sup>13</sup> And lead us not into temptation, but deliver us from the evil one.'

Our Father -

Your Kingdom -

Give us today -

Forgive -

Deliver us -

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Remember to visit [ajesusmoment.com](http://ajesusmoment.com) to check out the Disciple's Heart daily memory verse and suggested Bible reading.

#### Get Dressed - What are your current spiritual / relational / emotional battles?....

**Ephesians 6:12-18 (NIV)** <sup>12</sup> For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. <sup>13</sup> Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. <sup>14</sup> Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, <sup>15</sup> and with your feet fitted with the readiness that comes from the gospel of peace. <sup>16</sup> In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. <sup>17</sup> Take the helmet of salvation and the sword of the Spirit, which is the word of God. <sup>18</sup> And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.

#### Get Encouraging - List some people to encourage, bless, and pray for today....

**1 Corinthians 13:4-8a (NIV)** <sup>4</sup> Love is patient, love is kind. It does not envy, it does not boast, it is not proud. <sup>5</sup> It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. <sup>6</sup> Love does not delight in evil but rejoices with the truth. <sup>7</sup> It always protects, always trusts, always hopes, always perseveres. <sup>8</sup> Love never fails.

#### Git r Done - Live as a Disciple today by trying to do the Next Right Thing

**Matthew 6:33 (NIV)** <sup>33</sup> But seek first his kingdom and his righteousness, and all these things will be given to you as well.

**Matthew 7:12 (NIV)** <sup>12</sup> So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets.

#### Git r Done? - How did you do as a Disciple today? (victories, failures, spiritual insights, Bible reading, opportunities to pray for people, Kingdom breakthroughs, etc)....

**Hebrews 12:1-3 (NIV)** <sup>1</sup> Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. <sup>2</sup> Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. <sup>3</sup> Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart.